

# The Journey of Kelly in the Wild

*Eileen van der Schyff*

Amid personal struggles, the COVID-19 pandemic, and the loss of her father to cancer, Kelly, founder of Kelly in the Wild, found a new path to healing and purpose. What began as a journey of self-discovery evolved into a career dedicated to sharing the transformative power of hiking.

After a period of feeling lost, Kelly sought help from life coach Jan Grobler, who guided her toward self-love and self-acceptance. "Healing is difficult to do alone," she shared. "But once I learned to love myself, my outlook on life changed completely." This new perspective inspired Kelly to take on the challenge of hiking 150 kilometres along the Kunene River from Ruacana to Epupa Falls. The experience was life-changing, building her confidence and igniting a passion for hiking. "Every hike has shaped me in a unique way. It's not always easy, but it's incredibly rewarding," she said. Drawing from her years in hospitality and her love for nature, Kelly created Kelly in the Wild. Her hikes offer more than just outdoor adventure. They provide an opportunity for introspection and connection. Her signature activity is a serene 12-kilometer beach hike ending at Pelican Point, complete with a picnic amid stunning natural surroundings. Next year, Kelly plans to launch a more challenging two-day

hike in a remote mountainous area, two hours from Walvis Bay. Participants will stay in a luxury camp and experience the healing beauty of the desert. "This hike will be offered in the winter months, as the inland is too hot to hike in the summer. Guests will be accommodated in a luxury camp, where I will cook for them and entertain them and hike with them. They say the granite boulders out there have healing powers. I don't know if it was all the fresh air, the quiet, the beauty of it all, or the boulders, but I came back new," she noted. Kelly also uses her platform for environmental advocacy, organising beach clean-ups involving schools and companies. "Hiking is about finding peace, but it's also about giving back," she said. "Find your happy place. You are important. Don't settle for less." To book a hike or learn more, visit [www.kellyinthewild.net](http://www.kellyinthewild.net) or email [bookings@kellyinthewild.net](mailto:bookings@kellyinthewild.net). As Kelly puts it, "Once you love yourself, everything else in life falls into place. It's a journey worth taking."



Kelly in the Wild also joined Hiking in Namibia for a 6 k Charity Walk for the ARK Rescue and Rehabilitation Centre on Saturday 7 December 2024 in Wlotzkasbaken. The 6K walk for charity was in aid of the incredible work done by The ARK Rescue and Rehabilitation. Not only do they rescue and rehome animals, they also specialise in rehabilitating cases that would typically face euthanasia, such as cancer cases and Parvo virus puppies. Check out their social pages to see the amazing work they do.




*Kelly in the Wild*  
Adventures & Tours

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**Wishing you all a Merry Christmas and a Happy New Year!**



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